

Have you ever been to a place known for its healing properties, like a hot spring or a famous doctor's office? What was your experience like?

1. What details or moments in **John 5:1-15** stood out to you as you read it?

2. How would you describe Jesus' interaction with the man who had been ill for 38 years?

3. In **John 5:5-6**, Jesus asks the man, "Do you want to get well?" Why do you think Jesus asked this question?

4. How does the man respond to Jesus' question and command in **John 5:7-8**?

5. What controversy arises after the healing, and how does Jesus respond in **John 5:10-15**?

6. The man had been ill for 38 years. Have you ever felt stuck in a situation for a long time? How does this story speak to that experience?

Is there something in your life you need to 'get well' from?

Do you need to 'pick up your mat' and walk?

7. Jesus tells the man in John 5:14, "See, you are well again. Stop sinning or something worse may happen to you." How do you understand the connection between physical healing and spiritual well-being? See also: **1 Corinthians 11:30; 1 John 5:10 -ff; Psalm 85:8; Titus 2:11-15**

8. In this passage, Jesus challenges the religious leaders' understanding of the Sabbath. How might this story change your perspective on rest and doing good?

9. This week, how can you be more attentive to those around you who may need help or healing?

10. Discuss the three things in Pastor Dan's conclusion. Are there any of these you need to work on this coming week?

- a. Prompt response to the Words of Christ.
- b. No provision for relapse?
- c. Continue to use Christ's strength.

What are you grateful for this week?

How can you pray for each other this week?